

By Jim Rough, Conversation Café Host, Port Townsend, Washington, USA

One of the most frequent questions we hear from hosts is: how can I create or find topics for my *Conversation Café*? In our last newsletter, *Conversation Café* Co-Founder, Susan Partnow, wrote an article on *The Art of Framing Questions*. Here we include topics from over three years at Jim Rough's highly successful cafe in Port Townsend, Washington. Jim writes about *Conversation Cafes*:

I LOVE the conversations at our Conversation Cafés ... I get an 'AHA!' at practically every one because it's DIALOGUE rather than DISCUSSION. If you don't know the difference, you should come.

2002

April 19 - How is your life different after 9/11???

April 26 - Israeli/Palestinian war

May 3 - Potluck topic

May 10 - How can all of us live well within the earth's means? ...

Are you hopeful or fearful and why?

May 17 - What is the role of power in relationships and society?

June 14 - Chaos vs. 'Going with the flow'

June 21 - Corporate dominance

June 28 - War? Peace? -- What's best for humanity?

July 19 - Men/Women ... Gender baggage

July 26 - Health ... To be healthy

Aug 2 - Potluck topic

Aug 9 - Nurturing, Mentoring

Aug 16 - The System's effect on us... positive/negative

Aug 23 - The urge to action. When is enough?

Aug 30 - Mutually transforming ...

Sept 6 - Stories and Cultural Myths

Sept 13 - Finding Right Livelihood

Sept 20 - What is it to Respect self and others?

Sept 27 - Male/Female Rituals and Passages

Oct. 4 - What is Community-building?

Oct 11 - The human place in natural cycles

Nov 1 - Power and Responsibility

Nov 8 - What is the mind?



- Nov 15 Intention and manifestation
- Nov 22 What is control?
- Nov 29 Becoming more than you've ever been
- Dec 13 Living with integrity
- Dec 20 Status and class
- Dec 27 Iraq ... How can this be happening?

2003

- Jan 3 What is trust?
- Jan 10 What is "We" and when does it happen?
- Jan 17 Discernment and Judgment
- Jan 24 How can we trust the media?
- Jan 31 Dealing with DATA SMOG
- Feb 7 Money!?
- Feb 14 What's our next evolutionary step?
- Feb 21 Words . Some heal, some hurt
- Mar 7 Discovering Delight
- Mar 14 Who is in charge? . the question of authority
- Mar 21 Our consumer culture . Is it worth the price?
- Mar 28 What makes us laugh?
- April 4 Innocence or Ignorance
- April 11 "Local Mind"
- April 18 Being Passionate
- April 25 Values Disconnect
- May 2 Transitions
- May 9 What satisfies us
- May 16 Becoming multicultural
- May 23 What is love?
- May 30 Spam!?
- June 6 What is "meaningful"?
- June 13 What is "happiness"?
- June 20 Living our highest values
- June 27 What is "intelligence"?



- July 11 What is a "breakthrough"
- July 18 What is "consciousness"
- Sep 5 Surviving in the world of money
- Sep 12 Passion for life
- Sep 19 Health ... Real health.
- Sep 26 Time ... Do you have any?
- Oct 3 What does it mean to TRUST?
- Oct 10 FRIENDSHIP
- Oct 17 TURNING POINTS in your life
- Oct 24 Being ALONE vs. loneliness
- Oct 31 The value of OPTIMISM
- Nov 7 The value of OPTIMISM
- Nov 14 Waiting for a MIRACLE
- Nov 21 What's the MEANING of life?
- Nov 28 Thanks-giving ... The role of GRATITUDE
- Dec 5 Follow your HEART vs. HEAD
- Dec 12 Playing a role vs. really living
- Dec 19 Looking at myself ... holes vs. wholes
- Dec 26 Persistence vs. Knowing when to stop

2004

- Jan 2 To Dream the Impossible Dream
- Jan 9 Mentors
- Jan 16 Reflection and Authenticity
- Jan 23 The World Ship . Spaceship Earth
- Jan 27 Fear
- Feb 6 Forgetting
- Feb 13 Choice
- Feb 20 Projection
- Feb 27 Power
- Mar 5 Caring
- Mar 12 Time
- Mar 19 The media
- Mar 26 Being positive
- Apr 2 Globalization



Apr 9 - Sharing ideas

April 16 - Privatization

April 23 - Religious fundamentalism

April 30 - Rich and Poor

May 7 - Consumptionism

May 14 - Fundamentalism

May 21 - Facing dragons

May 28 - Being home

June 4 - Elections

June 11 - The endangerment of deep talking

July 16 - Farenheit 9-11

July 23 - The stories our culture tells us

July 30 - The stories our culture tells us, Part 2

Aug 6 - Ethics

Aug 13 - Security

Aug 20 - Authenticity

Aug 27 - What is learning?

Sept 3 - The real reality

Sept 10 - Judgment and Discernment

Sept 17 - Fairness and Luck

Sept 24 - The truth

Oct 1 - Grief

Oct 8 - Me and the System

Oct 15 - I should, you should

Oct 22 - Personal power

Oct 29 - Choices vs. Decisions

Nov 5 - Dialogue vs. Talking

Nov 19 - Taking the long view

Dec 10 - The News

Dec 17 - Hope for the Future

2005

Jan 14 - The Tsunami

Jan 21 - Emergence! ... How "stuff" self-organizes

Jan 28 - Making Life-Changes



- Feb 4 The state of PEACE
- Feb 11 Hiding from myself
- Feb 18 Enthusiasm
- Feb 25 How my passion Makes a Difference
- March 4 Gender dominated systems
- March 11 Curiosity and surprise
- March 18 What it takes to be human
- March 25 Turning points in life
- April 1 Relationships
- April 8 Taking "time out"
- April 15 Enforcing the laws
- April 22 Acceptance
- April 29 Our relationship to time
- May 6 Emotional integration
- May 13 Naivete vs. Knowledge vs. Denial